

Race Finish Sheet #3

Runner						
Pos	No	Score		Name	Club	Time Lapsed
001	099	120	M	Danny Millward	Colchester Harriers	00:17:00
002	066	111	M	Doug McGillivray	Colchester Harriers	00:17:10
003	179	141	M	Andrew Low	Benfleet	00:17:12
004	041	091	M	Max Caulfield	Colchester Harriers	00:18:02
005	207	114	M	Chris Martin	Witham Running Club	00:18:06
006	182	108	M	Aaron Graves	Tiptree Road Runners	00:18:13
007	106	165	M	Andrew Conway	Tiptree Road Runners	00:18:18
008	137	190	M	Simon Gill		00:18:40
009	062	172	F	Aiko Henington	Colchester Harriers	00:18:43
010	089	140	M	Dominik Niciejewski	Colchester Harriers	00:18:43
011	065	164	M	Craig Mitchell	Colchester Harriers	00:18:52
012	116	163	M	Gavin Laws	Tiptree Road Runners	00:18:53
013	084	126	M	Richard Boden	Colchester Harriers	00:18:57
014	195	155	F	Sarah Stradling	Colchester Harriers	00:19:02
015	198	179	M	Richard Flutter	Colchester Harriers	00:19:07
016	159	135	M	Ben Rodd	Blackwater Tri	00:19:18
017	048	096	M	Giles Sowerby	Witham Running Club	00:19:23
018	192	160	M	Paul Budgen	Baddow Ridge Runners	00:19:26
019	086	123	M	Richard Millward	Colchester Harriers	00:19:28
020	164	152	M	Simon Ford	Colchester Harriers	00:19:33
021	078	113	F	Andrea James	Colchester Harriers	00:19:37
022	171	102	M	Tony Faulkner		00:19:48
023	085	085	M	Joseph Boden	Colchester Harriers	00:19:51
024	077	130	M	Pete Banks	Tiptree Road Runners	00:19:53
025	009	121	M	Chris Hargraves	Baddow Ridge Runners	00:20:00
026	020	154	M	Russell Kemp		00:20:03
027	079	109	F	Libby Watson	Baddow Ridge Runners	00:20:12
028	200	139	M	Nick Kricka	Colchester Harriers	00:20:13
029	202	166	M	William Roxby-Clarke	Harwich Runners	00:20:17
030	109	150	M	Gary Perryman	Tiptree Road Runners	00:20:35
031	038	115	F	Heidi Steele	Colchester Harriers	00:20:36
032	083	105	M	Rob Appleby	Mid Essex Casuals	00:20:46
033	005	144	M	Steve Hennings	Witham Running Club	00:21:10
034	187	106	M	Marcus Wallis		00:21:14
035	196	131	M	Andrew Stewart	Chelmsford AC	00:21:22
036	013	129	M	Kevin Bunton	Tiptree Road Runners	00:21:24
037	210	181	M	Archie Cotterill	Baddow Ridge Runners	00:21:30
038	051	180	M	Bradley Wells		00:21:34
039	173	082	F	Sarah Pennington	Southend AC	00:21:42
040	209	193	M	Mick Banbridge	Witham Running Club	00:21:46
041	073	081	M	David Wright	Colchester Harriers	00:21:48
042	117	101	M	Jack Hatch		00:21:49
043	001	098	M	Michael Ball	Harwich Runners	00:21:52
044	088	192	M	Lee Holohan	Colchester Harriers	00:21:55
045	203	124	M	Andrew Watson	Benfleet	00:21:58
046	201	199	M	Will Kricka		00:21:59
047	206	188	M	Daniel Watley	Baddow Ridge Runners	00:22:14
048	061	087	M	Gary McSweeney	South Woodham Runners	00:22:15
049	190	167	F	Kate Gibson	Colchester Harriers	00:22:17
050	054	104	M	Martin Claydon	Colchester Harriers	00:22:17
051	002	132	M	Neil Churchill		00:22:21
052	056	095	M	Patrick Marsh	Colchester Harriers	00:22:24
053	100	142	M	Jon Barter	Tiptree Road Runners	00:22:41

Race Finish Sheet #3

Pos	No	Score	Runner			Time Lapsed
				Name	Club	
054	135	173	F	Wendy Aldridge	Dengie 100 Runners	00:22:42
055	188	137	F	Abbie Wallis	Blackwater Tri	00:22:47
056	124	103	F	Elizabeth Cahill	Braintree AC	00:22:47
057	040	119	M	Lee Caulfield	Colchester Harriers	00:23:02
058	018	086	M	Chris McDonnell	Dengie 100 Runners	00:23:16
059	024	183	M	Paul Tawn	Mid Essex Casuals	00:23:27
060	130	090	M	Ben Brown		00:23:35
061	055	138	M	Joe Andrews		00:23:46
062	068	099	M	Andy Gill		00:23:51
063	028	084	F	Kerry Marsh	Springfield Striders	00:23:54
064	160	128	M	Graham Palmer	Dengie 100 Runners	00:23:56
065	076	159	M	Bradley Harvey		00:23:57
066	096	118	M	Kieran Callaghan	Colchester Harriers	00:24:04
067	094	089	F	Nikki Leigh	Benfleet	00:24:06
068	058	110	M	Alex Lee-Ranson		00:24:11
069	053	133	M	Bob Gear		00:24:20
070	204	116	M	Joe McDonnell	Dengie 100 Runners	00:24:35
071	167	178	F	Jess Archer		00:24:38
072	151	088	F	Lucinda Gurney		00:24:39
073	172	080	M	Danny Connor	Witham Running Club	00:24:44
074	150	169	M	Paul Graves	Tiptree Road Runners	00:24:45
075	197	097	M	Brian Butcher	MEC	00:24:53
076	092	182	F	Robyn Harding	Tiptree Road Runners	00:24:59
077	037	195	M	Stefan Hogan	Colchester Harriers	00:25:02
078	205	145	M	Bryn Gibbons	Tiptree Road Runners	00:25:09
079	003	107	M	Steve Ellis		00:25:13
080	193	186	M	Nick Searle		00:25:19
081	199	184	F	Anita Grainger	Witham Running Club	00:25:24
082	211	197	M	Michael Cotterill	Baddow Ridge Runners	00:25:24
083	044	125	F	Maxine Stevens	Springfield Striders	00:25:27
084	168	092	F	Naomi Lucus		00:25:30
085	035	157	M	Richard Carvey	Dengie 100 Runners	00:25:31
086	063	156	M	Paul Gregory II	Tiptree Road Runners	00:25:32
087	095	175	M	Richard Leigh	Benfleet	00:25:40
088	081	170	F	Dawn Pepper		00:25:45
089	019	083	F	Barbara McDonnell	Dengie 100 Runners	00:25:52
090	105	143	F	Sarah Conway		00:26:11
091	141	162	F	Jasmine Peace		00:26:24
092	098	127	M	Anthony Knight	Tiptree Road Runners	00:26:26
093	017	191	F	Sylvia Bullen-Bell	Witham Running Club	00:26:31
094	050	147	F	Sue Cripps		00:26:37
095	136	146	F	Sue Smith	Witham Running Club	00:26:38
096	208	194	M	Cliff Adams		00:26:41
097	036	136	M	James Chaplin		00:26:47
098	131	100	F	Jane Steele	Tiptree Road Runners	00:26:50
099	129	094	F	Debbie Robson	Baddow Ridge Runners	00:27:25
100	021	151	F	Julia Bacon	Witham Running Club	00:27:33
101	074	198	F	Teresa Morse		00:27:44
102	163	161	M	Geoff Springett		00:27:55
103	176	149	M	Lenny Mallows		00:28:06
104	112	134	F	Wendy Simpson	Dengie 100 Runners	00:28:19
105	180	122	F	Katie Potter	Tiptree Road Runners	00:28:29
106	149	148	F	Mandy Graves	Tiptree Road Runners	00:28:37

Race Finish Sheet #3

Pos	No	Score	Runner			Time Lapsed
				Name	Club	
107	008	176	F	Louise Dean	Tiptree Road Runners	00:28:40
108	006	153	F	Martina Byrne	Witham Running Club	00:29:03
109	067	189	F	Gemma Singleton		00:29:12
110	049	187	F	Theresa Rossi		00:29:16
111	029	112	F	Elizabeth Windle		00:29:38
112	157	171	F	Nicola Dallinger		00:29:44
113	156	158	F	Sarah Barrett		00:29:59
114	170	174	F	Rachel Smith		00:30:11
115	075	168	F	Vanessa Harvey		00:30:16
116	123	093	M	Jamie Richards		00:30:28
117	059	196	F	Julie Lee-Randon		00:30:31
118	072	200	F	Rachel Richardson-Wright	Colchester Harriers	00:31:45
119	139	117	F	Brigid Lager	Witham Running Club	00:32:34
120	031	177	M	Sean Pope	Tiptree Road Runners	00:32:39
121	080	185	F	Beryl Munro		00:36:21