

Tiptree Road Runners – Results – June 2018

Cotswold Way Chall - 2 Day Event		30/06/18
John McVelia	19:17:26	
Hereford Parkrun		30/06/18
Craig Dawson	00:19:21	4th, TW award
Maldon Parkrun		30/06/18
Andrew Conway	00:18:38	4th, M50 CR
James Haskey-Jones	00:22:50	
Jon Barter	00:24:37	
Lorraine Baker	00:25:57	
Fiona Lock	00:26:44	PB
Frances Gridley	00:27:06	SB
Paul Gregory	00:27:14	
Phil Kinsman	00:27:16	
Stuart Peace	00:27:18	
Chris Harding	00:28:04	
Robyn Harding	00:28:09	
Graeme Moon	00:28:29	
Jo Roblin	00:29:42	
Kim Broughton	00:29:43	
Simon Baker	00:29:45	
Alison Peace	00:29:46	
Lindsey Visagie	00:29:48	
Nick Archer	00:30:41	
Sharon Hardwicke	00:30:57	
Susan Archer	00:31:09	
Bob Sees	00:31:15	
Luke Archer	00:31:16	
Anita Leaver	00:34:05	

Rose Haskey-Jones	00:34:40	
Caroline Hare	00:37:48	
Colchester Castle Parkrun	30/06/18	
Katie Potter	00:29:52	
St Albans Parkrun	30/06/18	
Aaron Graves	00:17:41	2nd, PB, MS CR
Ipswich Parkrun	30/06/18	
Rob Hadgraft	00:28:19	
Springfield Friday 5	29/06/18	
Gavin Laws	00:32:02	M35 CR
Twiddly Dee, Twiddly Dum Trail	28/06/18	
Tom Rehal	00:43:15	3rd lady
Mark Lawes	00:45:20	
Vicky Knight	00:45:20	
Peter Banks	00:53:43	
Simon Baker	00:57:37	
Lorraine Baker	00:57:37	
Ann-Marie Bearne	01:02:30	
Anthony Knight	01:02:30	
Rebecca McVelia	01:08:07	
Chris King	01:08:07	
Jo Roblin	01:08:07	
John McVelia	01:08:07	
Round Mersea Island	24/06/18	
Andrew Conway	01:32:05	6th/218
Mark Lawes	01:55:01	
Tracy Harrington	01:55:01	
Simon Baker	02:02:42	

Nic Vincent	02:10:48	
Kate Finch	02:11:08	
Alison Vincent	02:19:14	
Lorraine Baker	02:21:24	
Stacy Hember	02:27:26	
Sue Long	02:23:07	
Rebecca McVelia	02:41:53	
John McVelia	02:41:55	
Harp 24		
	23/06/18	
James Haskey-Jones	105 miles	25 laps
Conwy Parkrun		
	23/06/18	
Craig Dawson	00:19:24	6th, TW award
Colby Parkrun		
	23/06/18	
Sue Long	00:33:52	
Maldon Parkrun		
	23/06/18	
Andrew Conway	00:18:45	1st, M50 CR
Jonathan Finch	00:19:43	
Kevin Bunton	00:21:30	
Morven Hurding	00:22:53	PB
Helen Newman	00:24:48	
Paul Gregory	00:32:42	
Bryn Gibbons	00:25:02	PB
Stacy Hember	00:25:59	
Fiona Lock	00:27:07	
Kim Broughton	00:28:24	
Jon Barter	00:28:24	
Mandy Graves	00:28:27	
Graeme Moon	00:28:27	
Jo Roblin	00:28:49	

John McVelia	00:28:24	
Sharon Hardwicke	00:29:42	
Luke Archer	00:31:37	
Bob Sees	00:32:41	
Paul Gregory	00:32:42	
Alia Hamden	00:37:22	
Burnham-on-Crouch Parkrun		23/06/18
Gavin Laws	00:19:15	2nd
Colchester Castle Parkrun		23/06/18
Katie Potter	00:29:55	
Moors Valley Parkrun		23/06/18
Matt Davey	00:22:39	
Kingston Parkrun		23/06/18
Edward Skinner	00:23:18	
Ipswich Parkrun		23/06/18
Rob Hadgraft	00:27:45	
Bury Friday 5		22/06/18
Gary Perryman	00:35:09	
Vets AC 5 Mile Champs		19/06/18
Edward Skinner	00:37:51	
Maldon 5K - Race 4		21/06/18
Aaron Graves	00:17:42	PB, 5th/92
Andrew Conway	00:18:16	6th/92
Stuart Meddemmen	00:19:43	PB
Kevin Bunton	00:21:23	
Jon Barter	00:22:27	PB

Edward Skinner	00:22:48	
Paul Graves	00:24:11	PB
Jessica Archer	00:24:18	
Robyn Harding	00:24:44	PB
Bryn Gibbons	00:24:52	PB
Anthony Knight	00:27:00	
Katie Potter	00:28:16	PB
Mandy Graves	00:28:21	PB
Louise Dean	00:28:33	PB
Sean Pope	00:31:55	SB
Harwich 5K - Race 3		
	19/06/18	
Andrew Conway	00:18:20	7th/147
William Radley	00:18:38	PB, 12th/147
Gavin Laws	00:18:49	PB, M35 CR, 14th/147
Round Ridley Trail		
	16/06/18	
Julian Holder	02:44:18	
Simon Baker	03:08:28	
Lorraine Baker	03:10:55	
John McVelia	03:15:42	
Tina Clarke	03:15:42	
Sue Long	04:01:57	
Sharon Hardwicke	04:01:57	
Frances Gridley	04:01:07	
Julia Bawden	04:03:14	
Alison Peace	04:03:14	
Larina Marsh	04:03:14	
Stacy Hember	04:03:14	
Pat Rhodes	04:03:14	
James Haskey-Jones	04:32:57	
Suffolk Trailfest - Team		
	17/06/18	

Mark Lawes	5 Laps	
Danielle Harrington	5 Laps	
Tracy Harrington	5 Laps	
Jonathan Finch	5 Laps	
Kate Finch	5 Laps	
Peter Banks	5 Laps	
Vicky Knight	4 Laps	
Richard Garrett	1 Lap	
Orwell Challenge Marathon	17/06/18	
James Haskey-Jones	03:24:00	
Concorde 5	17/06/18	
Andrew Conway	00:30:23	SB, 2nd V40
Dartford Bridge Tri 10K	17/06/18	
Aaron Graves	00:37:42	
British Masters 5K - Norwich	16/06/18	
Edward Skinner		
Mersea Island Parkrun	16/06/18	
Rob Hadgraft	00:27:49	
Maldon Parkrun	16/06/18	
Gavin Laws	00:19:08	3rd
Kevin Bunton	00:21:38	
Jon Barter	00:23:36	
Helen Newman	00:24:44	
Paul Graves	00:24:48	PB
Robyn Harding	00:27:12	
Chris Harding	00:28:02	
Mandy Graves	00:28:03	PB
Aaron Graves	00:28:04	

Framlingham Friday 5		08/06/18
Matt Davey	00:34:06	
Southend Half Marathon		10/06/18
Andrew Conway	01:24:14	35th/2053, 2nd V50
Aaron Graves	01:26:31	PB, 55th/2053
William Radley	01:29:01	79th/2053
Paul Dellar	01:29:40	94th/2053, 9th V50
Danielle Harrington	01:33:55	PB, 5th Lady, 158th/2053
Susan Archer	01:56:36	
Paul Graves	01:56:46	PB
Julian Holder	01:58:49	PB
Scott Brenton	01:59:49	Pacer
Gary Perryman	02:08:23	Guide Runner
Mandy Graves	02:18:03	
Alia Hamden	02:34:27	
Running of the Balls 5K - New York		10/06/18
Jonathan Finch	00:19:32	1st V40
St Albans Half Marathon		10/06/18
Lee Kerrison	02:01:48	
Endure 24 - Ultra Distance		10/06/18
Mark Lawes	7 Laps	
Peter Banks	6 Laps	
Tina Clarke	6 Laps	
Orion Forest 5		09/06/18
Edward Skinner	00:39:51	
Endure 24 - 15-26M		10/06/18
Anthony Knight	5 Laps	

Jim Slater	5 Laps	
Vicky Knight	5 Laps	
Rebecca McVelia	4 Laps	
John McVelia	4 Laps	
Ann-Marie Bearne	4 Laps	
Zoe Gould	3 Laps	
The Runway Trail (8M)		
	10/06/18	
Simon Baker	01:31:43	
Lorraine Baker	01:31:44	
Larina Marsh	02:37:29	
Sharon Hardwicke	02:37:31	
Sue Long	02:37:33	
Mersea Island Parkrun		
	09/06/18	
Rob Hadgraft	00:27:34	
Keswick Parkrun		
	09/06/18	
Bryn Gibbons	00:26:36	
Chelmsford Parkrun		
	09/06/18	
Jon Barter	00:23:48	
Netley Abbey Parkrun		
	09/06/18	
Tim Ford	00:24:14	
Maldon Parkrun		
	09/06/18	
Gavin Laws	00:19:16	5th
Andrew Conway	00:21:47	
Simon Thompson	00:24:01	
Stacy Hember	00:25:28	SB
Lorraine Baker	00:25:49	
Phil Kinsman	00:27:42	
Larina Marsh	00:27:49	PB

Paul Gregory	00:27:50	
Julia Bawden	00:27:50	
Pat Rhodes	00:28:25	
Caroline Hare	00:31:02	
Luke Archer	00:31:23	
Jo Roblin	00:34:42	
Alia Hamden	00:35:24	
Bath Skyline Parkrun		
	09/06/18	
Frances Gridley	00:30:08	
Beccles Tri - 6.7K Run		
	03/06/18	
Morven Hurding	00:31:59	
HR 24 - 20M Distance		
	03/06/18	
Rose Haskey-Jones		10 laps (25 Miles)
HR 24 - Ultra Distance		
	03/06/18	
Lindsay Rolerkite		21 Laps (51 miles)
James Haskey-Jones		18 Laps (45 miles)
Stour Valley Marathon		
	03/06/18	
Gavin Laws	04:35:19	
Jonathan Finch	04:40:15	
Tracy Harrington	05:07:39	
Mark Lawes	05:07:42	
Julian Holder	05:29:57	
Chignal Fete Trail		
	02/06/18	
Simon Baker	00:54:32	9th/43
Malcolm Bailey	01:02:28	
Jim Slater	01:02:28	

Clacton 5 Charity Road Race		03/06/18	
Gary Perryman	00:34:55		3rd
Roger Duffield	00:58:00		
QE Park 10K		02/06/18	
Andrew Conway	00:38:36		1st MV40, 6th/408
Rogiet Parkrun		02/06/18	
John McVelia	00:27:21		
Great Cornard Parkrun		02/06/18	
Rob Hadgraft	00:28:53		
Huntingdon Parkrun		02/06/18	
Anthony Knight	00:27:09		
Netley Abbey Parkrun		02/06/18	
Tim Ford	00:25:26		
Abingdon Parkrun		02/06/18	
Lucy Davies	00:25:12		
Billericay Parkrun		02/06/18	
Gary Perryman	00:42:55		
Maldon Parkrun		02/06/18	
Aaron Graves	00:20:21		
Kevin Bunton	00:21:18		
Paul Gregory	00:24:59		PB
Jon Barter	00:25:34		
Paul Graves	00:25:44		PB
Simon Baker	00:25:45		
Stacy Hember	00:25:47		
Bryn Gibbons	00:26:12		

Susan Archer	00:26:46	
Graeme Moon	00:28:10	
Julia Bawden	00:29:08	
Kim Broughton	00:29:20	
Lindsey Visagie	00:29:20	
Alison Peace	00:29:30	SB
Luke Archer	00:31:28	
Sharon Hardwicke	00:31:35	
Frances Gridley	00:31:36	
Anita Leaver	00:32:01	
Mandy Graves	00:32:13	
Kingston Parkrun	02/06/18	
Edward Skinner	00:23:42	