

EVENT REGISTER - Updated 07/01/2019

Date	Type	Organiser	Title	Distance (m)
12/01/19 (Sat)	CROSS	Essex Cross Country League https://www.facebook.com/groups/235239086671265	Event #4	8-8.5k (Men) 6k (Women)
			Epping	
13/01/19 (Sun)	CROSS	NESS Cross Country http://www.nessxc.org.uk	Event #4	5
			Ipswich	
20/01/19 (Sun)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	Braintree Boggle	26.2
			Black Notley Village Hall	
20/01/19 (Sun)	TRAIL	Essex Trail Events www.essextrailevents.com	The Last Minute Trail	3.5 & 6.5
			Prince of Wales, Broxton	
20/01/19 (Sun)	MULTI	Benfleet Running Club benfleetrunningclub.co.uk	The Benfleet 15	15
			Hadleigh Country Park	
23/01/19 (Wed)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	Nightmare at the Elms 2	6 & 3.5
			Little Elms PH, Witham	
02/02/19 (Sat)	CROSS	Essex Cross Country League https://www.facebook.com/groups/235239086671265	Event #5	8-8.5k (Men) 6k (Women)
			Gloucester Park	
03/02/19 (Sun)	ROAD	Gt Bentley Running Club www.gbrc.org.uk	Great Bentley Half Marathon	13.1
			Great Bentley	
07/02/19 (Thu)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	Nightmare at the Elms 3	6 & 3.5
			Little Elms PH, Witham	
10/02/19 (Sun)	CROSS	NESS Cross Country http://www.nessxc.org.uk	Event #5	5
			Hadleigh	

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Date	Type	Organiser	Title	Distance (m)
17/02/18 (Sat)	CROSS	NESS Cross Country http://www.nessxc.org.uk	Event #6 Halstead	5
28/02/19 (Thu)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	Nightmare at the Elms 4 Little Elms PH, Witham	6 & 3.5
03/03/19 (Sun)	TRAIL	Top Day Events www.topdayevents.com	Hockley Woods Trail tba	6 Hours
17/03/19 (Sun)	TRAIL	Essex Trail Events www.essextrailevents.com	Orion 15 Epping Forest	15
30/03/19 (Sat)	CROSS	Orion Harriers https://www.orionharriers.com/	Orion 15 Epping Forest	15
31/03/19 (Sun)	TRAIL	Saffron Striders www.thaxtedtrailmarathon.uk	Thaxted Trail Margaret St Hall, Thaxted	26.2 & 13.1
07/04/19 (Sun)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	MEC Presentation Trail tbc	tbc
18/04/19 (Thu)	ROAD	Tiptree Road Runners www.tiptreeroadrunners.com	Maldon 5k Series #1 Maldon Prom	3.1
19/04/19 (Fri)	TRAIL	tba	Eggstravaganza Day 1	tba
20/04/19 (Sat)	TRAIL	tba	Eggstravaganza Day 2	tba
21/04/19 (Sun)	TRAIL	tba	Eggstravaganza Day 3	tba
22/04/19 (Mon)	TRAIL	tba	Eggstravaganza Day 4	tba
05/05/19 (Sun)	TRAIL	Roach Valley Way Relay https://theroachvalleywayrelay.wordpress.com/	Roach Valley Way Charity Relay Rochford Square, Rochford	23 miles over 4 legs
06/05/19 (Mon)	ROAD	Witham Running Club www.withamrc.org.uk	May Day 10 Witham Rugby Club	10
09/05/19 (Thu)	ROAD	Tiptree Road Runners www.tiptreeroadrunners.com	Maldon 5k Series #2 Maldon Prom	3.1
12/05/19 (Sun)	TRAIL	Essex Trail Events www.essextrailevents.com	Mountfitchet Castle Trail Mountfitchet Castle	TBC
15/05/19 (Wed)	TRAIL	Essex Trail Events www.essextrailevents.com	Galleywood Gallop Horse & Groom, Galleywood	5
18/05/19 (Sat)	TRAIL	Mid Essex Casuals www.midessexcasuals.org.uk	Noah's Challenge The Ark Bar and Rest., Manningtree	12
26/05/19 (Sun)	TRAIL	Top Day Events www.topdayevents.com	Angles Way Ultra Great Yarmouth	100/50k
30/05/19 (Thu)	ROAD	Tiptree Road Runners www.tiptreeroadrunners.com	Maldon 5k Series #3 Maldon Prom	3.1

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01/06/19 (Sat)	TRAIL	Essex Trail Events www.essextrailevents.com	Chignal Fete Trail	tba
			Chignal Village Hall	
15/06/19 (Sat)	TRAIL	Essex Trail Events www.essextrailevents.com	The Ridley Round	13.1 (approx.)
			The Compasses, Littlely Green	
20/06/19 (Thu)	ROAD	Tiptree Road Runners www.tiptreeroadrunners.com	Maldon 5k Series #4	3.1
			Maldon Prom	

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