

Personal Best		07 January 2019								
<i>Runner Count: 119</i>		Parkruns	5K	5M	10K	10M	HALF	15M	20M	MARA
ALEXC1	Charlie Alexander	00:22:11			00:52:18		01:45:07			
ARCHJ1	Jessica Archer	00:25:29	00:23:41		01:03:09		01:57:54			
ARCHL1	Luke Archer	00:25:56	00:28:44		01:05:23					
ARCHN1	Nick Archer	00:24:33	00:25:23		00:58:17		01:57:25			
ARCHS1	Susan Archer	00:25:17	00:26:34		00:53:13		01:56:36	02:50:53		
BAILM1	Malcolm Bailey	00:22:55	00:19:20	00:30:54	00:39:30	01:03:05	01:23:50	01:41:20	02:20:00	03:11:50
BAINL1	Lynne Baines	00:25:25		00:43:00	01:00:02	01:40:32	01:57:18	03:02:55	03:20:21	04:29:25
BAKEL1	Lorraine Baker	00:24:51	00:25:24	00:42:28	00:51:20	01:24:56	01:53:44	02:32:00	03:11:19	04:13:45
BAKES1	Simon Baker	00:22:27	00:22:18	00:39:00	00:47:08	01:20:17	01:49:32	02:22:45	03:19:46	04:54:49
BALLD1	David Ballard	00:21:19		00:34:46						
BANKP1	Peter Banks	00:19:23	00:19:25	00:32:30		01:16:39	01:28:38	02:02:12		03:39:09
BARDR1	Bob Bardell	00:23:28								
BARTJ1	Jon Barter	00:23:06	00:22:27			01:23:26	01:48:55			04:06:15
BAWDJ1	Julia Bawden	00:27:16	00:27:28	00:45:08	00:55:55	01:33:35	02:06:59	02:52:06		05:05:55
BEARA1	Ann-Marie Bearne	00:26:05	00:28:05	00:46:57	00:52:58		02:09:56	02:52:06		05:44:57
BECKB1	Bonnita Beckwith	00:24:55	00:25:33							04:40:19
BRENS1	Scott Brenton	00:20:11			00:42:13	01:14:24	01:59:49			
BROUK1	Kim Broughton	00:26:45	00:25:20	00:44:14	00:52:48	01:34:16	01:58:11	03:08:16	03:20:02	04:24:09
BROUM1	Michael Broughton	00:27:18		00:44:29				03:03:00		05:08:28
BUNTK1	Kevin Bunton	00:21:07	00:21:09							
BURRF1	Fiona Lock	00:26:44					02:07:29	02:49:43		
CHEUS1	Sam Cheung			00:48:25		01:50:01	02:22:36	03:11:29		05:25:12
CLARP1	Phil Clarke	00:22:28	00:19:41	00:32:39	00:42:14	01:10:26	01:34:55	02:01:57	02:33:13	03:48:50
CLART1	Tina Clarke	00:24:23	00:23:41	00:38:47	00:55:53	01:22:21	01:51:37	02:27:52	03:12:19	04:04:43
CLOVB1	Ben Clover	00:21:24	00:20:48				01:47:18	02:16:13		04:43:41
COLEB1	Bradley Cole	00:26:50					01:52:39			05:45:46
COLL1	Luke Collison	00:24:13	00:23:46	00:42:36		01:36:29	01:55:16			
COLLO1	Olivia Collison		00:24:52	00:43:05			01:55:16			
CONWA1	Andrew Conway	00:18:05	00:18:10	00:29:44	00:37:16	01:01:42	01:24:10	01:37:55	02:12:48	03:05:03
DAVEM1	Matt Davey	00:19:32	00:18:54	00:32:44	00:40:42	01:09:31	01:30:12	01:57:01	02:42:15	03:53:46
DAVIL1	Lucy Davies	00:22:25	00:22:54		00:47:39	01:23:10	01:50:25			
DAWSC1	Craig Dawson	00:18:27	00:17:47	00:29:53	00:37:58	01:02:44	01:25:59	01:46:19	02:30:42	03:21:58
DEANL1	Louise Dean		00:28:33			01:42:01				
DELLA1	Angela Dellar	00:24:12	00:24:56		00:51:52	01:27:35	01:55:26			
DELLP1	Paul Dellar	00:19:01	00:18:53	00:31:47	00:39:14	01:06:43	01:28:39	01:45:43	02:24:12	03:14:08
DICKJ1	Joanne Dickman	00:30:01	00:26:12	00:43:45	00:58:45	01:28:13	01:57:09	02:50:18	03:13:06	04:22:01
DUFFR1	Roger Duffield	00:25:36	00:18:16	00:28:50	00:38:30	01:06:53	01:30:02	02:03:08	02:40:13	05:37:10
FAIRJ2	Jeff Fairfull	00:27:44	00:26:37				02:32:17			
FINCJ1	Jonathan Finch	00:19:45	00:19:16	00:31:54	00:39:15	01:07:50	01:28:43	01:56:40	02:27:44	03:12:01
FINCK1	Kate Finch	00:21:38	00:23:57	00:34:57	00:43:05	01:13:29	01:37:08	02:14:05	02:40:01	03:33:29
FORDT1	Tim Ford	00:22:04	00:22:25	00:37:54	00:48:32	01:17:14	01:44:23	02:28:10	02:21:47	03:10:48
FULLP1	Peter Fuller	00:28:36	00:21:17		00:47:47	01:22:24	01:46:17	02:20:48		
GARRR1	Richard Garrett	00:21:31	00:22:36		00:45:28	01:14:34	01:38:46	02:15:47	02:46:16	03:46:40
GIBBB1	Bryn Gibbons	00:21:51	00:25:09	00:36:29		01:19:38	01:41:58			04:00:21
GODDS1	Sam Godden									
GOODE1	Emma Goodson	00:28:15	00:30:18		00:59:39		02:22:30		03:45:03	05:31:16
GOULZ1	Zoe Gould	00:26:45	00:25:51	00:41:24	00:55:52	01:29:35	01:53:41	02:37:14	03:17:23	04:49:38
GRAVA1	Aaron Graves	00:17:40	00:17:42	00:28:52	00:37:41	01:05:50	01:26:28	01:44:47		02:56:58
GRAVM1	Mandy Graves	00:28:03	00:28:21	00:50:05	01:02:50	01:43:49	02:18:03			
GRAVP1	Paul Graves	00:24:36	00:24:11	00:43:35	00:52:24	01:31:33	01:56:46	02:50:53		
GREGP1	Paul A Gregory	00:24:26	00:21:29			01:11:59	01:38:48	02:11:40		04:22:41
GREGP2	Paul Gregory	00:24:59	00:25:32		00:54:57	01:32:19	02:00:20			
GRIDF1	Frances Gridley	00:24:09	00:25:57	00:42:16	00:51:30	01:25:42	01:53:17	02:46:22		
GRIGM1	Marc Griggs	00:32:57					02:48:56			
HADGR1	Rob Hadgraft	00:22:21	00:17:25	00:28:59	00:37:25	01:04:10	01:26:45			04:15:00

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<i>Runner Count: 119</i>		Parkruns	5K	5M	10K	10M	HALF	15M	20M	MARA
HALLB1	Ben Hall	00:30:48								
HAMDA1	Alia Hamden	00:29:41	00:29:48	00:49:08	01:18:56	02:01:07	02:23:03	03:23:36		
HARDC1	Chris Harding	00:24:27	00:25:11	00:42:52	00:54:54	01:57:20	02:18:18			
HARDR1	Robyn Harding	00:25:45	00:24:44	00:44:13	00:54:18	01:34:38	02:12:52			
HARDS1	Sharon Hardwicke	00:28:53		00:47:24	01:01:11		02:16:47	03:07:18	03:53:35	05:46:38
HAREC1	Caroline Hare	00:29:13	00:29:13			01:49:30				
HARRD1	Danielle Harrington	00:21:00	00:22:26	00:34:02	00:42:30	01:20:25	01:33:53	02:07:57	02:46:17	03:45:37
HARRT1	Tracy Harrington	00:21:35	00:21:20	00:35:01	00:44:08	01:13:16	01:36:09	01:56:14	02:48:08	03:31:07
HASKG1	Georgina Haskey-Jones									
HASKJ1	James Haskey-Jones	00:18:28	00:18:10	00:29:47	00:37:38	01:02:07	01:22:05	01:43:05	02:13:59	03:05:57
HASKR1	Rose Haskey-Jones	00:28:19	00:28:58	00:47:35	01:01:21	01:43:08	02:49:26			
HEMSB1	Stacy Hember	00:24:53	00:26:35	00:41:40	00:52:05	01:28:07	01:58:49	02:39:25	03:18:43	04:34:33
HOLDJ1	Julian Holder				00:52:22	01:29:51	01:58:49	02:22:39		04:36:56
HURDM1	Morven Hurding	00:22:53	00:22:01	00:38:28	00:49:02	01:21:41	01:46:30	02:34:35		04:03:37
JACKZ1	Zoe Jackson	00:30:46		00:52:05	01:09:39	01:58:57	02:20:12	03:35:35		05:48:38
JARVR1	Rebecca Jarvis	00:26:49								
KERRL1	Lee Kerrison	00:22:01	00:22:18	00:38:23	00:46:17	01:15:36	01:41:50	02:24:45		04:20:20
KINGC1	Chris King	00:28:31	00:25:56	00:44:19	00:54:42	01:27:37	01:57:49	02:56:59	03:13:06	04:22:01
KINSP1	Phil Kinsman	00:23:30	00:22:52			01:22:07				
KNIGA1	Anthony Knight	00:24:11	00:22:57	00:37:06	00:47:28	01:19:36	01:46:49	02:20:50	02:58:50	03:56:31
KNIGV1	Vicky Knight	00:21:07	00:21:17	00:34:33	00:43:04	01:13:27	01:32:56	02:09:47	02:41:15	03:18:45
LAWEM1	Mark Lawes	00:20:10	00:20:08	00:33:17	00:42:58	01:12:22	01:38:27	02:08:12		03:34:45
LAWSG1	Gavin Laws	00:18:19	00:18:37	00:30:01	00:39:42		01:29:06	01:41:07		03:11:17
LEAVA1	Anita Leaver	00:30:50	00:31:53	00:51:54	01:06:47	02:00:33	02:49:07		04:04:21	05:33:54
LINTI1	Ian Linton	00:33:16	00:21:01	00:34:09	00:43:10	01:12:12	01:46:03	03:15:45	02:59:45	
LONGS1	Sue Long	00:31:58		00:52:54	01:09:04	02:01:23				
MARSL1	Larina Marsh	00:27:49	00:29:34	00:48:58	00:59:21	01:45:25	02:16:06	03:16:20		05:09:46
MCVEJ1	John McVelia	00:26:22	00:25:53	00:43:56	00:55:13	01:40:53	02:05:25	03:01:11	03:41:13	04:57:25
MCVER1	Rebecca McVelia	00:26:17		00:43:20	01:02:07	01:32:27	02:09:23			
MEDDS1	Stuart Meddemmen		00:19:39			01:13:13		01:52:42		03:50:25
MILLL1	Lorraine Mills			00:39:30	00:50:14	01:26:53	01:48:57	02:35:38		03:58:30
MINGP1	Paul Mingay	00:17:30	00:17:21	00:27:51	00:34:31	00:58:25	01:17:04	01:37:13	02:09:40	02:49:53
MOONG1	Graeme Moon	00:21:05	00:21:02	00:34:54	00:43:17	01:13:21	01:37:28	02:09:32	02:44:19	03:48:36
NEWMH1	Helen Newman	00:24:44								
PEACA1	Alison Peace	00:26:08		00:45:31	00:56:17	01:40:39	02:05:56	03:06:58	03:45:00	04:54:29
PEACS1	Stuart Peace	00:22:44	00:21:09	00:38:26	00:48:08	01:20:12	01:41:18	02:21:57		03:59:35
PEARK1	Karen Pearse	00:30:40	00:29:57	00:52:08	01:10:38	01:49:17	02:31:51	03:35:50	04:21:16	06:21:33
PERRG1	Gary Perryman	00:20:38	00:20:19	00:33:51	00:42:18	01:12:33	01:37:54	01:59:21	02:35:35	03:34:10
POPES1	Sean Pope	00:27:54	00:25:55			01:44:11	02:18:15			
POTTK1	Katie Potter	00:29:28	00:28:16		00:56:59					
PROCG1	Graham Proctor	00:28:36								
RADLW1	William Radley	00:18:11	00:18:38	00:29:57		01:04:53	01:29:01			03:24:11
REESV1	Valerie Rees	00:22:06	00:24:31	00:40:30	00:47:50	01:20:28	01:46:51	02:33:09	02:56:40	04:04:22
REEVG1	Glen Reeve			00:38:07	00:43:41	01:16:07	01:44:07		02:56:01	04:15:07
REHAT1	Tom Rehal		00:17:17							
RHODI1	Iain Rhodes	00:22:12	00:24:58		00:48:31	01:39:21	01:43:46	02:21:50		
RHODP1	Pat Rhodes	00:27:05	00:27:17		01:00:55		02:07:32	03:17:35		
ROBIJ1	Jackie Robinson	00:24:42								
ROBLJ1	Jo Roblin	00:26:36	00:25:59	00:44:41	00:55:15	01:33:05	02:02:58	02:50:21		04:28:24
ROGEK1	Kelly Rogers	00:29:58				01:38:50	01:57:34			
ROLLL1	Lindsay Rolerkite			00:40:20	00:49:50	01:24:17	01:50:59	02:27:13		
RUSST1	Tracy Russell		00:24:51	00:41:41		01:25:24	01:57:25	02:40:02	03:23:43	04:16:57
SEESB1	Bob Sees	00:32:01			00:58:51					
SKINE1	Edward Skinner	00:20:36	00:20:10	00:32:45	00:41:54	01:11:37	01:34:48			
SLATJ1	Jim Slater	00:25:17	00:21:00	00:34:58	00:43:50	01:15:00	01:37:58	02:09:24		04:18:16

Personal Best		07 January 2019								
<i>Runner Count: 119</i>		Parkruns	5K	5M	10K	10M	HALF	15M	20M	MARA
STEEC1	Charlotte Steele					01:34:16	01:59:14		03:40:01	04:40:24
THEOR1	Royston Theobald	00:22:37								
THOMS1	Simon Thompson	00:24:01								
VINCA1	Alison Vincent	00:26:28	00:28:09	00:40:46	00:52:52	01:28:31	02:22:47	02:47:41		
VINCN1	Nic Vincent		00:28:50	00:40:47						
VISAL1	Lindsey Visagie	00:27:20	00:28:52		00:56:25		02:03:37			
WILLL1	Lucy Willis	00:23:15	00:28:17				01:54:20			
WILLZ1	Zoe Willis									
YELLS1	Sam Yell	00:23:09		00:42:13						