

Race Finish Sheet #3

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Pos	No	Score		Runner	Club	Time Lapsed
001	151	173	M	Innes Fuerlon	Braintree AC	00:16:50
002	185	165	M	Doug McGillnray	Colchester Harriers	00:16:55
003	186	125	M	Jason Gunn	Colchester Harriers	00:17:04
004	027	151	M	Conor Culham	Braintree AC	00:17:11
005	167	187	M	Kevin Higgins		00:17:52
006	088	129	M	Micheal Smith	Colchester Harriers	00:17:59
007	187	161	M	Alexander Sales	Colchester Harriers	00:18:30
008	093	158	M	Ged McMillan	Colchester Harriers	00:18:32
009	118	148	M	Stephen Sawyer	Witham Running Club	00:18:43
010	158	176	M	Stewart Ellis	Halstead	00:18:46
011	155	181	M	Lee Fox	CATS	00:19:03
012	086	153	M	Leo Cole	Witham Running Club	00:19:09
013	168	114	M	Daniel Summerrgill	Colchester Harriers	00:19:34
014	123	124	M	Chris Manby	Colchester Harriers	00:19:37
015	122	178	M	Steve Hughes		00:19:42
016	139	143	M	David Ballard	Tiptree Road Runners	00:19:47
017	018	121	F	Heidi Steele	Colchester Harriers	00:19:48
018	026	174	M	Finn Rattray	CATS	00:19:49
019	066	133	M	Sean Duffett	Colchester Harriers	00:19:55
020	149	118	M	Lee Holohan	Colchester Harriers	00:19:56
021	074	169	M	Martin Sergeant		00:20:22
=	020	138	M	Ian Rattray	Colchester Harriers	00:20:22
023	180	193	M	Paul Budgen	Baddow Ridge Runners	00:20:25
=	060	134	M	Bryn Gibbons	Tiptree Road Runners	00:20:25
025	166	117	M	David Wright	Colchester Harriers	00:20:29
026	083	157	M	Leo Alexander	Little Baddow	00:20:32
027	025	155	M	Simon Morgan	Colchester Harriers	00:20:34
028	057	189	M	Jay Waite	Colchester Harriers	00:20:50
029	159	136	F	Helen Thomsit	Little Baddow	00:20:53
030	049	130	M	Chris Hargraves	Baddow Ridge Runners	00:20:58
031	079	123	M	Arther Winston	Colchester Harriers	00:21:09
032	065	120	M	Dan Wilkinson	Colchester Harriers	00:21:19
033	153	132	M	Kian Culham	Braintree AC	00:21:26
034	008	145	M	Neil Churchill		00:21:46
035	004	175	M	Steve Hennings	Witham Running Club	00:21:48
036	162	141	M	Kevin Bunton	Tiptree Road Runners	00:21:49
037	143	185	M	Sam Flint		00:21:56
038	011	126	M	Andrew Kirby		00:22:03
039	178	188	F	Imogen Ovenden		00:22:21
040	084	112	M	Joshua Cripps		00:22:47
041	171	168	F	Wendy Aldridge	Dengie 100 Runners	00:22:53
042	102	131	F	Naomi Lucas		00:22:57
043	009	110	M	Bradley Wells		00:23:07
044	068	150	M	Tim James		00:23:12
045	165	144	F	Fran Norris	Colchester Harriers	00:23:17
046	044	159	M	Geoffrey Redding	Witham Running Club	00:23:31
047	150	156	M	Gary Licence	Colchester Harriers	00:23:33
048	085	177	M	John Arthur		00:23:46
049	090	170	F	Leigh Richard	Benfleet	00:23:51
050	183	164	F	Mamie Lin		00:23:55
051	019	142	M	Stefan Hogan	Colchester Harriers	00:24:18
052	054	109	F	Emily White	CATS	00:24:40
053	154	180	M	Mark Thomas	Braintree AC	00:25:05

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Pos	Runner				Club	Time Lapsed
	No	Score		Name		
054	184	195	F	Melanie Carrington	South Woodham Runners	00:25:13
055	175	194	F	Emma Sharpe		00:25:14
056	042	163	M	Paul Gregory	Tiptree Road Runners	00:25:26
057	136	152	M	Allan Steel	South Woodham Runners	00:25:41
058	131	137	F	Nicola Dallinger	Witham Running Club	00:25:53
059	073	104	M	George Smith	Blackwater	00:26:09
060	075	147	F	Lucinda Gerney		00:26:14
061	055	106	M	Sam Halsey		00:26:16
062	174	140	M	Cliff Adams		00:26:20
063	163	171	M	Geoff Springett		00:26:21
064	078	166	F	Sarah Conway	Maldon Soul Runners	00:26:24
=	094	135	F	Caroline Searle	Great Bentley	00:26:24
=	157	105	M	Melvyn Cooper	Brentwood	00:26:24
067	007	113	M	Richard Carvey	Dengie 100 Runners	00:26:36
068	016	179	F	Sylvia Bullen-Bell	Witham Running Club	00:26:42
069	177	200	F	Rosie Vina		00:27:05
070	069	182	F	Wendy Simpson		00:27:30
071	043	127	F	Lisa Leader	Maldon Soul Runners	00:27:32
072	117	139	F	Leah Jewiss	Little Baddow	00:27:51
073	010	111	F	Sue Cripps		00:27:52
074	076	167	F	Hannah Vickers	Maldon Soul Runners	00:27:53
075	039	128	F	Claire Capel	Maldon Soul Runners	00:28:00
076	038	197	F	Lynne Baines	Lonely Goat RC	00:28:07
077	028	119	F	Theresa Rossi		00:28:24
078	040	122	F	Donna Maxen	South Woodham Runners	00:28:41
079	164	186	F	Rachel Richardson-Wright	Colchester Harriers	00:29:24
080	082	192	F	Jo Stearn	Lonely Goat RC	00:29:44
081	121	149	M	Paul Byrne		00:30:13
082	172	183	M	Chris Harding	Tiptree Road Runners	00:30:29
=	173	184	M	Steve Harris		00:30:29
084	115	190	M	Kevin Lagan		00:30:42
085	169	199	F	Kayleigh Beedon	Braintree AC	00:30:52
086	170	191	F	Nicola Hewitt		00:31:54
087	005	115	F	Martina Hennings	Witham Running Club	00:32:03
088	181	196	F	Elizabeth Woodhill		00:32:08
=	034	154	F	Fiona Kelly		00:32:08
090	182	146	F	Gemma Conn		00:32:15
091	116	172	F	Abigail Lagan		00:32:20
092	152	198	F	Lynne Culham	Braintree AC	00:32:25
093	176	160	F	Brigid Lager	Witham Running Club	00:33:00
094	141	108	F	Zoe Whittaker		00:35:43
095	051	116	F	Deberah Harwood		00:39:01
096	156	107	F	Katerina Cooper		00:41:55
097	146	103	F	Shaheda Arthur		00:50:01