

Adjusted Pos.	Pos. on the Day	Bib No.	Score	Name	Club	Adjusted Time
1	19	A92	191	Arthur Ballard		16:31
2	54	A100	169	Ryan Splarn	Warwick University AC	17:20
3	55	A41	165	Thomas Ballard	C&TAC	17:22
4	98	A101	103	Jason Gunn	Colchester Harriers	17:38
5	75	A80	135	Matt Thomas	Colchester Harriers	18:10
6	79	A73	126	Stephen Sawyer	Witham Running Club	18:15
7	60	A81	153	Jackie Stretton	Springfield Striders	18:56
8	97	A61	104	Lizzie Wellsted	CHAC	19:07
9	74	A72	134	Rebecca Cooke	Colchester Harriers	19:09
10	100	A10	101	Darrel Williams	CHAC	19:12
11	84	A90	117	James Blackshaw	Witham Running Club	19:56
12	95	A104	105	Kaela Swaine	CATS	20:22
13	83	A52	118	Andrew Raynor	CHAC	20:25
14	91	A63	110	Mark Wellsted	CHAC	20:38
15	86	A69	116	Alex Senko	Tiptree Road Runners	20:57
16	35	A88	174	Chris Gardiner	Tiptree Road Runners	21:03
17	43	A48	167	Daniel Macey	CHAC	21:12
18	67	A3	138	Eleanor Mayne	Colchester Harriers	21:31
19	78	A35	125	Katie Gibson	CHAC	21:43
20	80	A39	121	Stuart Collet	LBRR	21:46
21	82	A49	119	Emily Smith	Springfield Striders	21:50
22	64	A67	141	Morven Hurdling	Tiptree Road Runners	21:59
23	89	A105	111	Stephen Swaine	CATS	22:04
24	36	A46	173	Neal Beaumont	Dengie 100	22:05
25	44	A19	164	Bill Hayton	CHAC	22:13
26	23	A16	182	Paul Clark	CHAC	22:14
27	48	A86	159	Ben Blanchard		22:16
28	9	A75	196	George Scholes		22:27
29	10	A74	195	Lydia Bazzard		22:28
30	61	A5	142	Daniel Steptoe-Thompson	Boxted Runners	22:28
31	38	A40	170	Nicola Hilson	CHAC	22:36
32	70	A64	133	Geoffrey Reddin	Witham Running Club	22:36
33	72	A18	129	Neil Churchill		22:38
34	45	A22	161	Simon Morgan	CHAC	22:44
35	51	A58	154	Megan Fenner	LBRR	22:49
36	56	A113	148	Peter Fleming		22:53
37	102	A12	99	Chris Harvey	Colchester & Tendering	22:57
38	65	A82	136	Ben Brown	Maldon Soul Runners	23:00
39	73	A51	128	Ash-Lee Osbourne	Tiptree Road Runners	23:08
40	49	A91	155	Lionel Guinea	Maldon Soul Runners	23:17
41	17	A38	180	Simon Baker	Tiptree Road Runners	23:21
42	94	A85	106	Scott Peters	Maldon Soul Runners	23:21
43	57	A20	144	Cathrine Marriott	Dengie 100	23:24
44	62	A62	139	Tracy Wellsted	CHAC	23:28
45	63	A9	137	Wendy Aldridge	Dengie 100	23:29
46	77	A36	124	Fran Norris	CHAC	23:42
47	52	A103	152	Holly Swaine	CATS	23:49
48	88	A93	113	David Ballard	Tiptree Road Runners	23:59
49	8	A66	193	Chris Harding	Tiptree Road Runners	24:25
50	69	A29	132	Jason Bedlow		24:34
51	4	A70	200	Philip de Boltz		24:37
52	87	A8	114	Edward Skinner	Tiptree Road Runners	24:58
53	5	A84	197	Eddy Osborne	Tiptree Road Runners	25:08
54	40	A30	162	Andrew White	WRC	25:08
55	92	A96	108	Jenny Richardson	Colchester Harriers	25:17
56	81	A111	120	Andy Girling		25:18
57	93	A102	107	Neil Want		25:18
58	27	A23	177	Abigail Morgan	CHAC	25:20
59	58	A15	140	Alan Cutler		25:25

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60	25	A108	179	James Holland		25:46
61	53	A50	145	Andrew Vickers		25:50
62	18	A106	183	Chris Panton	Colchester Harriers	25:52
63	99	A2	102	Melissa Dowel	Colchester Harriers	26:07
64	26	A112	176	Ali Mayle		26:18
65	7	A95	192	Gary Nazer	South Woodham Runners	26:21
66	85	A94	115	Nick Lewis	Maldon Soul Runners	26:27
67	3	A65	198	Charlie Hember		26:33
68	15	A33	187	Jenny O'Hanlon	MSR	26:58
69	31	A89	168	Mark Thomas	Braintree AC	26:58
70	76	A77	123	Adele Mary		27:11
71	16	A21	184	Richard Carvey	Lonely Goats RC	27:15
72	47	A55	149	Chris McDonnell	Dengie 100	27:15
73	34	A37	163	Lorraine Baker	TRR	27:32
74	12	A24	189	Karen Dymock		27:47
75	13	A42	188	Natalie Roberts	Blackwater Tri	27:48
76	28	A32	172	Jackie Sibthorp	MEC	27:52
77	30	A43	166	Helen Potter		27:58
78	68	A31	130	Sue Smith	WRC	28:02
79	46	A17	147	Bryony Rochester	Maldon Soul Runners	28:15
80	50	A44	143	Toni Parish	MSR	28:18
81	20	A56	181	Barbara McDonnell	Dengie 100	28:32
82	39	A83	156	Ben Hall	Tiptree Road Runners	28:37
83	22	A79	178	Gordon McAulay	Maldon Soul Runners	29:09
84	66	A68	131	Mandy Graves	Tiptree Road Runners	29:30
85	33	A98	160	Paul Byrne	Tiptree Road Runners	30:00
86	42	A45	150	Lorraine Hilton	Maldon Soul Runners	30:10
87	21	A87	175	Anna Taylor		30:37
88	24	A97	171	Leah Byrne		30:45
89	2	A1	199	Kirsty Connolly		30:47
90	14	A110	185	Emma Holland		31:50
91	29	A78	158	Yvonne McAulay	Maldon Soul Runners	31:57
92	32	A47	157	Joscelyn McInns		31:59
93	37	A71	151	David Watson	Tiptree Road Runners	32:05
94	11	A14	186	Joseph McEwan	Witham Running Club	32:06
95	41	A34	146	Debbie Horrey	LBRR	32:09
96	1	A109	194	Joanna Holland		32:29
97	90	A6	112	Julia Wortley		32:35
98	6	A25	190	Vikki Pound Firth		32:46
99	101	A59	100	Paul Chapman	Maldon Soul Runners	32:58
100	96	A26	109	Barbara Hammond	MSR	34:23
101	71	A28	122	Rose Haskey jones		34:37
102	59	A57	127	Alison Hughes		39:25