

Adjusted Pos.	Pos. on the Day	Bib No.	Score	Name	Club	Adjusted Time
1	P0075	A105	147	Arthur Ballard		00:15:54
2	P0096	A91	106	Aaron Graves	Tiptree Road Runners	00:17:28
3	P0083	A4	126	Jason Gunn	Colchester Harriers AC	00:17:35
4	P0087	A133	116	Stephen Sawyer		00:17:44
5	P0113	A66	85	Thomas Ballard	CATS	00:18:06
6	P0106	A38	94	Jason Leeds	Nuclear Striders	00:18:17
7	P0086	A43	117	Jon Battram	Colchester Harriers AC	00:18:43
8	P0107	A116	92	Kevin Higgins		00:18:51
9	P0116	A3	83	Stanley Hobbs	Colchester & Tendring AC	00:18:56
10	P0104	A114	95	Paul Rodgers		00:19:15
11	P0052	A75	165	David Hilson	Colchester Harriers AC	00:19:27
12	P0095	A32	108	Paul Turner		00:19:27
13	P0099	A117	102	Michael Smith		00:19:32
14	P0100	A9	101	David Weldon	Springfield Striders	00:19:32
15	P0057	A108	160	Sam Backhouse		00:19:33
16	P0112	A74	89	Nikki Woodyard	Springfield Striders	00:19:34
17	P0105	A112	96	Carys Sergeant		00:19:45
18	P0094	A94	107	Maciez Golis	Colchester Harriers AC	00:19:57
19	P0114	A87	84	Leo Cole	Witham Running Club	00:20:12
20	P0042	A82	177	Lee Holohan	Colchester Harriers AC	00:20:15
21	P0043	A125	175	Craig Mitchell		00:20:16
22	P0092	A67	112	Chris Aylett	Colchester Harriers AC	00:20:25
23	P0093	A59	110	Imogem Ovenden	Springfield Striders	00:20:26
24	P0026	A93	187	Eleanor Mayne	Colchester Harriers AC	00:20:28
25	P0020	A134	193	George Scholes		00:20:40
26	P0012	A1	197	Chris Harvey	Colchester & Tendring AC	00:20:44
27	P0089	A2	113	Glenn Hobbs	Colchester & Tendring AC	00:20:50
28	P0046	A102	169	Chris Hargreaves		00:21:07
29	P0010	A83	198	Dirk Paterson	Colchester Harriers AC	00:21:08
30	P0066	A109	144	Ben Gamlin		00:21:15
31	P0071	A107	133	Andrew Raynor		00:21:23
32	P0077	A97	127	Chris Regan	Colchester Harriers AC	00:21:29
33	P0028	A101	183	Ben Blanchard		00:21:32
34	P0082	A103	121	Katie Gibson		00:21:35
35	P0001	A99	200	Robert Spooner	Maldon Soul Runners	00:21:37
36	P0088	A31	114	Daniel Steptoe-Thompson	Colchester Harriers AC	00:21:47
37	P0073	A65	132	Bill Hayton	Colchester Harriers AC	00:21:53
38	P0030	A63	180	Fran Norris	Colchester Harriers AC	00:22:04
39	P0101	A34	99	Simon Morgan	Colchester Harriers AC	00:22:05
40	P0062	A76	149	Nicola Hilson	Colchester Harriers AC	00:22:09
41	P0038	A122	170	Kate Sanderlock		00:22:13
42	P0065	A104	140	Lucia Harvey		00:22:15
43	P0111	A64	90	Paul Clark	Colchester Harriers AC	00:22:33
44	P0068	A72	135	Charlie Nicholls		00:22:48
45	P0078	A86	123	Dean Thorburn	Jolly Boys CC	00:23:01
46	P0023	A49	184	Abigail Morgan	Colchester Harriers AC	00:23:21
47	P0098	A69	103	Dean Wicks	Colchester Harriers AC	00:23:31
48	P0079	A79	122	Neal Beaumont	Dengie 100 runners	00:23:32
49	P0084	A100	120	Catherine Marriott	Dengie 100 runners	00:23:36
50	P0037	A123	166	Naomi Lucas		00:23:43
51	P0041	A84	163	Polly Paterson	Colchester Harriers AC	00:23:45

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52	P0074	A89	130	Gary Cardnell	Dagenham 88 Runners	00:23:54
53	P0091	A68	111	Tim Brockington	Springfield Striders	00:23:55
54	P0051	A22	153	Alison Vincent	Jogging Made Easy	00:23:57
55	P0032	A95	167	Hattie Quinn	Tiptree Road Runners	00:24:37
56	P0036	A70	164	Yvonne Burton		00:24:42
57	P0064	A90	137	Chris Panton	Colchester Harriers AC	00:24:44
58	P0045	A119	162	Simon Baker		00:24:46
59	P0024	A110	179	Geoffrey Reddin		00:24:55
60	P0025	A81	176	Charlie Hember		00:24:58
61	P0029	A51	172	Jimmy Holland	South Woodham Runners	00:25:02
62	P0103	A28	98	Fiona Collins	Witham Running Club	00:25:08
63	P0067	A17	134	Andrew Vickers	South Woodham Runners	00:25:16
64	P0072	A128	128	Paul Frost		00:25:23
65	P0027	A60	174	Mark Sewell		00:25:29
66	P0110	A35	91	Calum Everitt		00:25:32
67	P0039	A98	161	Richard Mean	Maldon Soul Runners	00:25:44
68	P0044	A30	158	Mark Thomas	Braintree	00:25:46
69	P0058	A7	145	Ricky Fuller	Michelle's Running Group	00:26:04
70	P0081	A121	119	Adam Hocken		00:26:04
71	P0063	A77	138	Louise Yates	Colchester Harriers AC	00:26:11
72	P0014	A15	191	Richard Carvey	Lonely Goat RC	00:26:20
73	P0048	A26	152	Nick Lewis	Maldon Soul Runners	00:26:22
74	P0076	A33	124	Michelle Lock	South Woodham Runners	00:26:25
75	P0050	A88	150	Andrew White	Witham Running Club	00:26:26
76	P0007	A47	194	Saffron Hawkins	Michelle's Running Group	00:26:32
77	P0059	A62	141	Gary Nazer	South Woodham Runners	00:26:35
78	P0002	A135	199	Sarah Taylor		00:26:47
79	P0049	A55	151	Sue Barrowclough	Jogging Made Easy	00:26:53
80	P0053	A80	146	Julie Wilson	Tiptree Road Runners	00:26:59
81	P0085	A124	115	Ali Mayle		00:27:10
82	P0069	A57	129	Jenny O'Hanlon	Maldon Soul Runners	00:27:19
83	P0005	A132	196	Georgia Bolton		00:27:32
84	P0056	A53	142	Adele Hart	club nuclear races striders	00:27:33
85	P0061	A85	136	Ann-Marie Bearne	Tiptree Road Runners	00:27:39
86	P0034	A96	157	Sue Cross	Jogging Made Easy	00:27:41
87	P0040	A115	155	Trish Jarvis		00:27:44
88	P0097	A61	105	Ben Morris		00:27:59
89	P0054	A113	143	Ben Hall		00:28:01
90	P0102	A21	100	Andrew Beazeley	Dagenham 88 Runners	00:28:05
91	P0011	A11	189	Evie Winther	Springfield Striders	00:28:12
92	P0022	A73	171	Emma Ambor		00:28:21
93	P0017	A126	186	Kirsty Wiggins		00:28:28
94	P0018	A129	185	Zoe Willis		00:28:29
95	P0033	A118	159	Lorraine Baker		00:28:37
96	P0035	A71	156	Bryony Rochester	RBR	00:28:41
97	P0119	A52	82	Alison Garlick	St Albans Striders	00:28:46
98	P0055	A120	139	Julie Hocken		00:29:02
99	P0021	A40	173	Hannah Vickers	South Woodham Runners	00:29:17
100	P0070	A24	125	Philip De Boltz		00:29:20
101	P0006	A92	192	Teresa Morse	Lou's Running Club	00:29:24
102	P0109	A44	93	Daniel Gordon		00:29:30

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103	P0080	A18	118	Jacqueline Simpson		00:29:33
104	P0008	A13	190	Kimberley Hall	Tiptree Road Runners	00:29:35
105	P0009	A111	188	Kirsty Connolly		00:29:37
106	P0999	A131	104	Lee Bolton		00:30:30
107	P0047	A36	148	Nancy Gordon		00:30:50
108	P0115	A16	88	Penelope Hilton	Random Runner	00:30:55
109	P0117	A41	87	Gordon McAulay	Maldon Soul Runners	00:30:57
110	P0118	A130	86	Katrina Hopkins		00:31:29
111	P0031	A46	154	Claire Steele		00:31:34
112	P0015	A106	181	Jo Backhouse		00:31:54
113	P0019	A42	168	Yvonne McAulay	Maldon Soul Runners	00:32:09
114	P0108	A48	97	Matt Collins		00:32:22
115	P0090	A78	109	Joscelyn McInnes	Dengie 100 runners	00:32:24
116	P0013	A127	182	Claire Frost		00:32:48
117	P0003	A8	195	Victoria Elkins	Michelle's Running Group	00:32:49
118	P0016	A5	178	Shireen Lappage		00:32:56
119	P0060	A6	131	Becky Dobbin	South Woodham Runners	00:33:36
120	P0120	A19	81	Abi Eldred		00:35:26