

Tiptree Road Runners - Presentation Awards 2024/25

Friday 14 November 2025

Opening Thanks

A huge thank you to **Alex** and **Sharon** — without their support, this evening would not be possible.

Thanks also to **Stu** for compiling all the results.

Club League Awards

3rd: Tim Huxtable — 695 points

2nd: Stacy Hember — 835 points

1st: *For the second year running* — **Julia Bawden** — 1035 points

John Skinner Award (Most improved league position): **Chris Newenham**

Trail Runner of the Year

Male: *Tim Huxtable*

Completed 25 trail events — getting lost on most of them!

Also completed two trail marathons and two ultras.

Female: *Stacy Hember*

Completed 28 trail events with occasional detours, four trail marathons and one ultra.

Cross Country Runner of the Year

Female: *Vicky Sheldon*

Winner of the overall NESS Ladies XC League for 2024/25.

Also competed in the Essex League XC, completed three ultra trail events and ran two Essex Way Relay legs.

Male: *Glen Head*

Made huge improvements this season and consistently finished ahead of last year's benchmarks.

Competed in Essex League, NESS League, Vets XC and Essex XC Champs.

Not a bad Ironman either!

Road Race Runner of the Year

Male: *Chris Newenham*

Since moving to Group 4, achieved nine Silver Standards and ten PBs across parkrun, 5K, 5M, 10K, 10M and Half Marathon.

Female: *Lynda Rayner*

A standout year: four Silver Standards, one Bronze, and eleven PBs across 5K, 5M, 10K, 10M and Half Marathon distances.

Marathon Runner of the Year

Female: *Sally Banyard*

Despite not feeling race-ready, delivered a PB, a Silver Standard and a Silver County Medal.

She is also the **Essex County Champion 2025** for her age group.

Male: *Sean Ketteridge*

Returned to TRR to enjoy running again and rebuild steadily — and absolutely delivered.

Ran his **third Diamond Standard** of the year at Naples Marathon in **2:59:42**, becoming the first TRR member to earn a Diamond Standard at marathon distance.

Overall Achievement Award

Female: *Julia Bawden*

An incredible year:

- 5× Silver Standards

- 3× Gold Standards
- 7× Club Records
- 1× PB
- 27 trail events, including 3 marathons and 2 ultras

Julia also manages the Club Monthly Standards Reports.

Male: *Pete Banks*

A monumental season:

- 4× Club Records
- 3× PBs (10K, parkrun, 10 miles)
- 2 marathons, 3 ultras and various XC events
- Ran consecutive Essex Way relay legs
- 3× Diamond Standards

Pete is the first TRR member to earn a Diamond Standard award.

Exceptional Achievement Award

Rob King

Four club records (parkrun, 5 miles, 10K, 10 miles), five Gold Standards and one Silver.

Completed the Orion 15 in 2:43 — a race he loves.

Regular at XC when fitness allows.

Often first in his age group at Maldon parkrun (75% age grading).

Recently returned from a serious injury and showed fantastic determination at last weekend's XC.

Additional Presentations

Tiptree 10: presented to *Katy Denny*

Maldon 5K: presented to *Phil Nicholls*

Coaches' Choice Awards (Groups 1–4)

Run leaders to announce:

- **Group 1:** *Kat Barter*
- **Group 2:** *Tim Huxtable*
- **Group 3:** *Jon Barter*
- **Group 4:** *Nick Copperwaite*

Club Records & Standards

Club Records: 29 new CRs this year (see table below)

Name	Distance(s)	Age Cat
Aaron Graves	10 miles	SNR
Danielle Mallows	15, 20, Marathon	F45
Frances Gridley	parkrun, 5km, 10km, 10 mile	F65
Julia Bawden	5km, 10km, 5 mile, Half Marathon, Marathon	F65
Kirsty Wiggins	parkrun	SNR
Lorraine Mills	10km, 10 mile, Marathon	F55
Mark Lawes	15 mile	M55
Pete Banks	parkrun, 10k, 10 mile	M45
Rob King	parkrun, 5 mile, 10km, 10 mile	M70
Sean Ketteridge	parkrun	M55

Club Standards:

174 standards awarded across all groups

- 70 Bronze
- 66 Silver
- 28 Gold
- 10 Diamond

Club Standards: *award winners*

Bronze	Silver	Gold	Diamond
Alex Hadley	Chris Newenham	Phil Nicholls	Pete Banks
Jayne Vernon	Jon Barter	Simon Gill	
Katie Rawlinson	Vicky Sheldon	Rob King	
Claire White	Lynda Rayner	Nick Copperwaite	
Stacy Hember	Nicole Rayner		
Robyn Harding	Marcus Peters		
Sam Cheung	Simon Peters		
Tim Huxtable	Mark Lawes		
Dave Cassin	Simon Gallagher		
	Danielle Mallows		
	Julia Bawden		
	Chris Newenham		
	Frances Gridley		

Presented by **Julia**

Club Person of the Year

Voted by members: *Jayne Vernon*

Run Leader Presentation

Presented by *Chris Gardiner*, calling all run leaders to the front.

London Marathon Club Place Draw

Drawn on the night: *Chris Harding*

Halstead Marathon Club Place

Drawn on the night: *Nicole Rayner*

Chairman's Challenge 2022–23

Winners: *The Boys!*