

Tiptree Road Runners

5



10

88 Fiveways
SUPERMARKET

British
Association
of Road
Races

5 & 10 Mile Races



CERTIFIED ACCURATE

Sunday 15th October 2000 Start 10.30 A.M. (both races)

AT BECKINGHAM BUSINESS PARK TOLLESHUNT MAJOR

Long Sleeve T-Shirt to all finishers.

344 finishers in 1999

Spot prizes.

BAF permit No. TBA/Course measurement certificate.
Organised by Tiptree Road Runners in aid of local charities

Car parking/Refreshments

Computerised result service.
(Last year £400 was distributed)

£50 sports voucher for each new course record

10 mile course record	Male:	R. Malseed	Chelmsford A.C.	52 min 20 sec	1998
	Female:	J. Draskau	UEA Sportslink Trojans	1 hr 3 min 45 sec	1999
5 mile course record	Male:	G. Day	Great Bentley Running Club	26 min 07 sec	1999
	Female:	N. Challis	Grange Farm Trotters	32 min 40 sec	1999

Trophies in the following categories + £500 in sports vouchers

First 3 men	First male over 40	First male over 50
First male over 60	First male team (4 to score)	
First 3 women	First female over 35	First female over 45
First female over 55	First female team (3 to score)	

Surname First name

Address

Post Code Tel: Date of Birth. / /

Male / Female	Age at 15/10/2000	Race entered Tick box	5 mile	10 mile	Results Y/N
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Affiliated	Unattached	Running Club Team name
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Entry fee £5.00 (£6.00 for unattached) add £1 on the day, results £1 (no entries after 10.15am.)
Closing date for postal entries is 7th October 2000. Minimum age 17 years/15 years for 5 mile.

I confirm I am medically fit to run and understand that the organisers are not liable for loss/damage, or injury, however caused before, during or after the race. I enclose an 9" x 6" S.A.E. and ... entry fee, add £1 for result sheet, cheques payable to 'Tiptree Road Runners'

Return to Race director, 26 The Glade, Welshwood Park, Colchester, Essex C043JD

Signed Date

Visit our website: www.tiptreeroadrunners.freemove.co.uk

E-mail: run@tiptreeroadrunners.freemove.co.uk

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Incorporating
STAIRMASTER
HEALTH CLUB 5 MILE TEAM
CHALLENGE
2 MALE & 1 FEMALE
PER TEAM

Team name.....

.....

Male 1.....

Male 2.....

Female 1.....

Individual applications required from each team runner.

Health Club runners only to complete details on BOTH sections in full.

Entry £18 per team

TROPHIES AWARDED
Closing date for Health Club
entries 01/10/00

732.

Tiptree Road Runners thank all their sponsors

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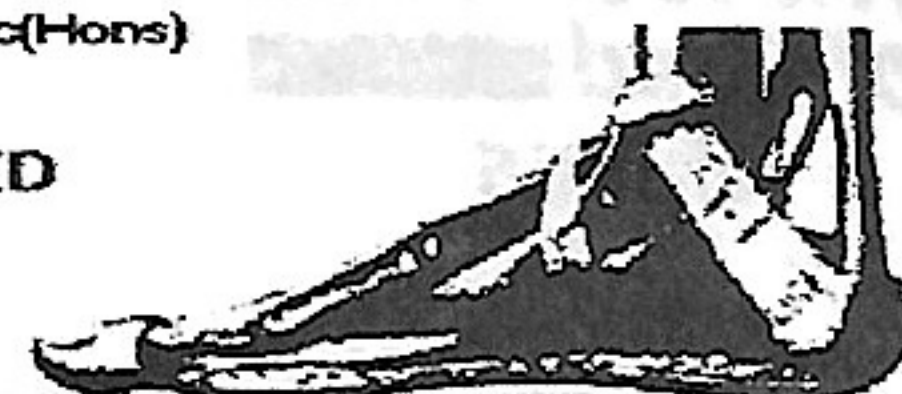


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We are always pleased to receive applications from experienced tutors
and teachers.

**RACE NUMBERS
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