Senior Women Division 2 (4 to score)

Pos	Club	Pts	
1	Basildon AC	22	
2	Tiptree Road Runners	191	
3	Mid Essex Casuals	221	
4	Pitsea RC	241	
5	Brentwood Running Club	287	
6	Ilford AC	291	
7	South Woodham Runners	328	
8	Colchester & Tendring AC	356	
9	East Essex Triathlon Club	433	
10	Halstead RRC	470	
11	Phoenix Striders	489	

Senior Men Division 2 (6 to score)

Pos	Club	Pts	
1	Brentwood Beagles Athletics Club	391	
2	Springfield Striders RC	561	
3	Pitsea RC	585	
4	Billericay Striders	608	
5	South Woodham Runners	863	
6	Colchester & Tendring AC	864	
7	Phoenix Striders	918	
8	Loughton AC	918	
9	Mid Essex Casuals	990	
10	Tiptree Road Runners	1,019	
11	Brentwood Running Club	629	(4)
12	East Essex Triathlon Club	65	(1)