



Maldon 5k Handicap Series - TRR Member Participation Policy

Last updated: 2 February 2026

Purpose

To give Tiptree Road Runners (TRR) club members a fair opportunity to participate in the *Maldon 5k Handicap Series* while ensuring the event remains fully supported by volunteers. This policy balances member participation with the need for consistent volunteer coverage across *all* five races in the series.

Policy

- **Eligibility:** TRR members may run a maximum of **one (1)** of the five Maldon 5k races. TRR members are not permitted to register online for the full series. An exception applies to members who joined TRR **after** entering the series online
- **Registration:** TRR members wishing to run must register their interest with the Race Director in advance by emailing maldon5k@tiptreeroadrunners.com.
- **Allocation of places:** If demand exceeds available spaces for a particular race, places will be allocated based on:
 - Event needs (ensuring other races remain fully staffed with volunteers)
 - Order of expressions of interest
 - Discretion of the Race Director, ensuring fairness and operational balance. The Race Director's decision is final.
- **Race number (bib):** Successful TRR members who are allocated a race place will be issued a race number (bib) to wear during the event. This number must be returned to the Race Director after the race, as it may be required for future races.
- **Payment:** Members must pay £3 per race in advance to the TRR account. Payment must be received before race day.
- **Race day requirements:** Members who run must wear official club colours (red/black race vest or t-shirt). *Tiptree 10 tops and TRR fluorescent training tops are not permitted.*
- **Volunteering:** Members who choose to run must actively volunteer at other races in the series. All volunteering roles must be agreed in advance with the Race Director or Volunteer Coordinators to ensure appropriate event coverage.