



Tiptree 10 POLICY

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Revision Number	Revision Date	Nature of Revision	By Whom	Approved By
1	28.02.2024	reference to Best Road Race in Essex changed to five times (from four times)	SH	CG
2	28.10.24	Review of policy for non-Essex champs race	CG	
3	21.10.25	Added details of addition that previous T10 RDs will get to run in a future T10 race. There is a question around whether that is only in non-championship races or whether they can run in championship races too.	CG	

Tiptree 10 Policy

Members requests to run

The Tiptree 10 is a well established award winning event celebrating its 38th year in 2026. As a club our priority is to ensure that the event is successfully delivered to the high standard that has awarded Tiptree 10 "Best Road Race in Essex" five times and to continue to uphold the reputation and ethos of the club

To achieve this standard it requires support in all areas including organising advance preparations before race day as well as support on the day, before, during and after the event. All marshal, volunteer and reserve places need to be filled to ensure delivery of an organised, safe and successful race.

Profits from the event allow us to endorse our club values by making valuable contributions to worthy causes and charities as well as providing additional funds back into the club to benefit members.

The committee recognises and supports that some members would like the opportunity to run or pace at a future Tiptree 10 race and share in the support from their fellow TRR community and to experience the race from a participant perspective.

Observation

After the 2024 race was a non-Essex championship race, the previously agreed process was put in place once all volunteer and marshal positions were filled. Those who met the previous criteria for a non-champs year were asked if they wanted to run, but there was no one that came forward.

After reflecting on this the T10 Race Director and committee have considered an approach that would mean that we could get members running the race that would mean we would get the following benefits:

- The volunteer coordinator would not be left in a position where members dropped out of volunteer positions at the last minute
- The volunteers on the day got the chance to encourage fellow club members on race day
- Members who might like to run the T10 race would have enough notice to train properly for the event and build the race into their training plans

A number of possible options have been considered and the following is agreed:.

Process

- We will have 5 places available for TRR members who renew their TRR membership for the year that the race takes place in
- Members who wish to run must indicate at that time of renewing their membership on 'The Membership Renewal Form' if they wish to run in the event, in any capacity.
- The names of the 5 successful members will be announced by the end of May in the year that the race takes place
- Those who do run will still be expected to volunteer in some shape or form for the race.
- Conditions of going into the ballot to run the race: you can't have run the race in the last 2 years and you must have volunteered at the T10 in the last 2 years. You must have volunteered in at least one previous T10 (so members would need to be at the club for a minimum of 1 year too).
- We have a successful arrangement through the pacer coordinator, whereby we currently use external experienced pacers. Although you can express a wish to pace, this will only be on a replacement basis if one of the pre-arranged pacers drops out at the last minute.
- Where The Tiptree 10 is selected as part of The Essex Championships, then there will be a different process.

For an Essex Championship Race:

- On the rare occasions that the club has had members medal in the overall Essex Road Championships for a year it does create a real buzz and sense of pride for the whole club, as such we want to give priority to those members who are either;
 1. Defending a podium position from the previous year or
 2. Who are in a position whereby they could reasonably expect to get a podium position this year or
 3. Who have entered multiple Essex Champs races in the same calendar year as the T10 is the champs race.
- So, in the calendar year where T10 is an Essex Championship race priority in the ballot will be given in the following tiers.
 1. Any member who medalled in the previous calendar year's Essex Road Championship (overall) as a TRR runner. (These runners will be automatically be given entry into the T10).
 2. Any member who is in with a chance of a podium position at the end of the year (as the T10 will be the last race of the series) based upon league tables before the final race
 3. Any member that has entered 4 or more of the Essex Champs Road Races

(based upon 7 total races in 2023 season)

4. Any member that has entered 3 or more of the Essex Champs Road Races
(based upon 7 total races in 2023 season)
5. The ballot will then be open for any other members

This will be on the following basis for places being made available:

- Any member who takes up a volunteer role for the event can also indicate at that time if they wish to run in the event, in any capacity.
- The number of support/volunteer roles needed to deliver the event will be set by the Race Director by an agreed date
- If the number of volunteers coming forward exceeds the required amount needed to deliver the event, a ballot will take place for the excess
- For example: if 65 volunteer names are received and only 50 support roles are needed then 15 ballot places will be available for volunteers to run.
- Any member who volunteers and also indicates a wish to run will be placed into the ballot for these (ie.15) places

An example of this was if there were 15 places available and 8 were in tiers 1 – 4 then 7 further places would be available to other members.

If for example there were only 8 spaces, and if there were 2 members in tier 1, 4 in tier 2, that would leave just 1 ballot place for all of those who met the criteria for tier 3. These are obviously all subject to the member wanting to run the race.

If a runner can't race at the last minute for any reasons then their place goes back into the ballot system.

This is a fair and inclusive process which allows members who wish to run an opportunity to do so and ensuring that members who have made sacrifices to enter a number of Essex Championship races or who are defending a podium position from the previous calendar year priority when the race is a Championship race, whilst also ensuring the delivery of a well organised and well supported award-winning event.

The more volunteers who come forward provides the potential to give more members the opportunity to run and experience the fabulous TRR support during the years when the race is an Essex Champs event.

Members who volunteer will also have the opportunity to share the club's culture, ethos and TRR team spirit by supporting, encouraging and cheering on their fellow teammates who are running. Just imagine being out on course encouraging fellow club members who are in with a chance of a podium position, what a special atmosphere that would be.

Recommendation

It was recommended this proposal was trialled for the event planned for 12th October 2025, and this was a real success with TRR members being supported and encouraged during the race providing another edge to those members supporting the race, as they could encourage their fellow members on and take an active interest in their participation on the day.

We also introduced a place for the previous T10 RD to be able to run the event. We had 2 previous RDs take place in 2025 and there is no reason why we wouldn't want to offer that to future RDs. What we do need to consider is whether they get the chance to run in a championship race or just non-championship races.